

Sunday

Monday

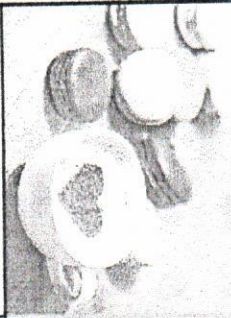
Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

LUNCH MENU

3	Glazed Ham w/ Pineapple Baked Fish Herb Stuffing Brussel Sprouts or Green Beans Dinner Roll Ice Cream Sundae Diet Ice Cream	4	Shepard's Pie w/ Corn or Green Beans Chicken Pot Pie Carrots or Peas Blueberry Pie Fresh Fruit w/ Topping	5	Stuffed Pork Loin Cheese Manicotti Baked Potato Green Beans or Wax Beans Carrot Cake w/ Icing Angel Food Cake	6	Smothered Chicken Salisbury Steak Rice or Mashed Potatoes Corn or Zucchini Strawberry Ice Cream	7	Lasagna Beef Stew Garlic Bread Tossed Salad Yellow Squash Lemon Cake w/ Icing Diet Lemon Cake w/ Topping	8	Fish & Chips Chicken Breast Cole Slaw Mashed Potatoes Lettuce & Tomato Italian Ice	1	Catch of The Day Roasted Chicken Baked Potato Beets or Green Beans Fruit Bar	2	Cheeseburger Fried Fish Sweet Potato Mashed Potatoes Corn or Mixed Pound Cake w/ Strawberries Fresh Strawbe										
10	Pot Roast BBQ Ribs Roasted Potatoes Peas or Cauliflower Dinner Roll Ice Cream Sundae Diet Ice Cream	11	Stuffed Shells Chicken Cutlet Mashed Potatoes Tossed Salad Broccoli Garlic Bread Blueberry Pie Fresh Fruit	12	Chinese New Year Corned Beef & Cabbage Pork Chops Boiled Potatoes Carrots or Wax Beans Mississippi Pie Diet Chocolate Cake	13	Herb Roasted Chicken Salisbury Steak Baked Potato Green Beans or Cauliflower Dinner Roll Rainbow Sherbet	14	Stuffed Peppers Baked Fish Garlic Mashed Potatoes Zucchini & Squash Medley Or Broccoli Cheesecake w/ Strawberries Fresh Strawberries	15	Fish & Chips Baked Breaded Chicken Mashed Potatoes Cole Slaw Peas Lemon Squares Diet Lemon Pudding	16	Smothered Pork Chops Manicotti Herb Stuffing Butternut Squ Corn Peach Shortc Sliced Peach	17	Roast Beef w/ Gravy Baked Ham w/ Maple Glaze Roasted Potatoes Wax Beans or Brussel Sprouts Dinner Roll Ice Cream Sundae (Reg or Diet)	18	Roast Turkey w/ Gravy Veal Pattie w/ Gravy Herb Stuffing Mashed Potatoes Peas or Broccoli Pumpkin Pie Diet Pumpkin Pudding	19	Baked Stuffed Chicken w/ Cranberry Chef Salad Green Beans or Beets Baked Potato Dinner Roll Cookies & Cream Ice Cream Diet Ice Cream	20	Meatloaf w/ Gravy Ravioli Mashed Potatoes Corn or Wax Beans Brownie Low Cal Pineapples	21	Salmon w/ Lemon Cream Sauce Pork Ribs Herb Roasted Potatoes Carrots or Peas Spice Cake Diet Spiced Angel Cake	22	Stuffed Pork Chop Salisbury Ste Mashed Sweet Potatoes Asparagus or Beans Fruited Jello Topping
24	Roast Turkey w/ Cranberry Mini Pizza Stuffing Mashed Potatoes Peas or Broccoli Dinner Roll Apple Pie Apples & Cinnamon	25	Braised Short Rib Hot Dog Garlic Mashed Potatoes Asparagus Baked Beans 3 Layer Chocolate Cake Pineapple Rings	26	Stuffed Shells Breaded Chicken Filet Tossed Salad Broccoli Garlic Bread Lemon Square Diet Lemon Pudding	27	Roasted Chicken BBQ Pork Ribs Baked Potato Cranberry Sauce Green Beans Butternut Squash Chocolate Ice Cream	28	Baked Ham w/ Pineapple Beef Stew Mashed Potatoes Peas & Onion Cauliflower Cherry Pie Fresh Fruit w/ Topping	29	Roast Turkey w/ Gravy Baked Ham w/ Maple Glaze Roasted Potatoes Wax Beans or Brussel Sprouts Dinner Roll Ice Cream Sundae (Reg or Diet)	30	Roast Turkey w/ Gravy Veal Pattie w/ Gravy Herb Stuffing Mashed Potatoes Peas or Broccoli Pumpkin Pie Diet Pumpkin Pudding	31	Lasagna w/ Garlic Bread Baked Stuffed Sole w/ Newburg Tossed Salad Butternut Squash Mashed Potatoes Chocolate Pudding (Reg or Diet)	President's Day (US)	1	Cheeseburger Fried Fish Sweet Potato Mashed Potatoes Corn or Mixed Pound Cake w/ Strawberries Fresh Strawbe							

