


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Stuffed Pork Chops</b> 1 <b>Baked Fish</b> <b>Roasted Potatoes</b> <b>Broccoli</b> <b>Brussel Sprouts</b> <b>Apple Crisp</b> <b>Apples w/ Cinnamon</b>	<b>Spaghetti &amp; Meatballs</b> 2 <b>Breaded Chicken Patty</b> <b>Tossed Salad</b> <b>Vegetable Medley</b> <b>Garlic Bread</b> <b>Yellow Cake w/ Icing</b> <b>Angel Cake w</b>	<b>Fried Chicken</b> 3 <b>Beef Pot Pie</b> <b>Mashed Potatoes</b> <b>Corn or Green Beans</b> <b>Biscuit</b> <b>Toffee Chip Ice Cream (diet or Reg.)</b>	<b>Braised Short Rib</b> 4 <b>BBQ Pork Rib</b> <b>Mashed Potatoes</b> <b>Carrots or Asparagus</b> <b>3 Layer Chocolate Cake</b> <b>Diet Chocolate Cake</b>	<b>Catch of The Day</b> 5 <b>Roasted Chicken</b> <b>Baked Potato</b> <b>Beets or Green Beans</b> <b>Fruit Bar</b>	<b>Cheeseburger</b> 6 <b>Fried Fish</b> <b>Sweet Potato Fries</b> <b>Mashed Potatoes</b> <b>Mixed Vegies or Corn</b> <b>Pound Cake w/ Strawberries &amp; Cream</b> <b>Strawberries and Cream</b>
<b>Glazed Ham w/ Pineapple</b> 7 <b>Baked Fish</b> <b>Herb Stuffing</b> <b>Brussel Sprouts or Green Beans</b> <b>Dinner Roll</b> <b>Ice Cream Sundae</b> <b>Diet Ice Cream</b>	<b>Shepard's Pie w/ Corn or Green Beans</b> 8 <b>Chicken Pot Pie</b> <b>Carrots or Peas</b> <b>Blueberry Pie</b> <b>Fresh Fruit w/ Topping</b>	<b>Stuffed Pork Loin</b> 9 <b>Cheese Manicotti</b> <b>Baked Potato</b> <b>Green Beans or Wax Beans</b> <b>Carrot Cake w/ Icing</b> <b>Angel Food Cak</b>	<b>Smothered Chicken</b> 10 <b>Salsbury Steak</b> <b>Rice or Mashed Potatoes</b> <b>Corn or Zucchini</b> <b>Strawberry Ice Cream</b> <b>Diet Ice Cream</b>	<b>Lasagna</b> 11 <b>Beef Stew</b> <b>Garlic Bread</b> <b>Tossed Salad</b> <b>Yellow Squash</b> <b>Lemon Cake w/ Icing</b> <b>Diet Lemon Cake w/ Topping</b>	<b>Fish &amp; Chips</b> 12 <b>Chicken Breast</b> <b>Cole Slaw</b> <b>Mashed Potatoes</b> <b>Lettuce &amp; Tomato</b> <b>Italian Ice</b>	<b>Chicken Sandwich</b> 13 <b>Cheeseburger</b> <b>Tator Tots</b> <b>Mashed Potato</b> <b>Zucchini or Carrots</b> <b>Chocolate Pudding w/ Topping (Reg or Diet)</b>
<b>Pot Roast</b> 14 <b>BBQ Ribs</b> <b>Roasted Potatoes</b> <b>Peas or Cauliflower</b> <b>Dinner Roll</b> <b>Ice Cream Sundae</b> <b>Diet Ice Cream</b>	<b>Pot Roast</b> 15 <b>BBQ Ribs</b> <b>Roasted Potatoes</b> <b>Peas or Cauliflower</b> <b>Dinner Roll</b> <b>Ice Cream Sundae</b> <b>Diet Ice Cream</b>	<b>Herb Roasted Chicken w/ Cranberry</b> 16 <b>Salsbury Steak</b> <b>Baked Potato</b> <b>Green Beans or Cauliflower</b> <b>Dinner Roll</b> <b>Rainbow Sherbet</b>	<b>Comed Beef &amp; Cabbage</b> 17 <b>Pork Chop</b> <b>Boiled Potatoes</b> <b>Carrots or Green Beans</b> <b>Mississippi Pie</b> <b>Diet Chocolate Cake</b>	<b>Stuffed Peppers</b> 18 <b>Baked Fish</b> <b>Garlic Mashed Potatoes</b> <b>Zucchini &amp; Squash</b> <b>Medley or Broccoli</b> <b>Cheesecake w/ Strawberries</b> <b>Fresh Strawberries</b>	<b>Fish &amp; Chips</b> 19 <b>Baked Breaded Chicken</b> <b>Mashed Potatoes</b> <b>Cole Slaw</b> <b>Peas</b> <b>Lemon Squares</b> <b>Diet Lemon Pudding</b>	<b>Smothered Pork Chops</b> 20 <b>Manicotti</b> <b>Herb Stuffing</b> <b>Butternut Squash or Corn</b> <b>Peach Shortcake</b> <b>Sliced Peaches</b>
Daylight Saving Time Begins			St. Patrick's Day			Spring Begins
<b>Roast Beef w/ Gravy</b> 21 <b>Baked Ham w/ Maple Glaze</b> <b>Roasted Potatoes</b> <b>Wax Beans or Brussel Sprouts</b> <b>Dinner Roll</b> <b>Ice Cream Sundae (Reg or Diet)</b>	<b>Roast Turkey w/ Gravy</b> 22 <b>Veal Pattie w/ Gravy</b> <b>Herb Stuffing</b> <b>Mashed Potatoes</b> <b>Peas or Broccoli</b> <b>Pumpkin Pie</b> <b>Diet Pumpkin Pudding</b>	<b>Lasagna w/ Garlic Bread</b> 23 <b>Baked Stuffed Sole w/ Newburg</b> <b>Tossed Salad</b> <b>Butternut Squash</b> <b>Mashed Potatoes</b> <b>Chocolate Pudding (Reg or Diet)</b>	<b>Baked Stuffed Chicken w/ Cranberry</b> 24 <b>Chef Salad</b> <b>Green Beans or Beets</b> <b>Baked Potato</b> <b>Dinner Roll</b> <b>Cookies &amp; Cream Ice Cream</b> <b>Diet Ice Cream</b>	<b>Meatloaf w/ Gravy</b> 25 <b>Ravioli</b> <b>Mashed Potatoes</b> <b>Corn or Wax Beans</b> <b>Brownie</b> <b>Low Cal Pineapples</b>	<b>Salmon w/ Lemon Cream Sauce</b> 26 <b>Pork Ribs</b> <b>Herb Roasted Potatoes</b> <b>Carrots or Peas</b> <b>Spice Cake</b> <b>Diet Spiced Angel Cake</b>	<b>Salmon w/ Lemon Cream Sauce</b> 27 <b>Pork Ribs</b> <b>Herb Roasted Potatoes</b> <b>Carrots or Peas</b> <b>Spice Cake</b> <b>Diet Spiced Angel Cake</b>
						Passover Begins
<b>Roast Turkey w/ Cranberry</b> 28 <b>Mini Pizza</b> <b>Stuffing</b> <b>Mashed Potatoes</b> <b>Peas or Broccoli</b> <b>Dinner Roll</b> <b>Apple Pie</b> <b>Apples &amp; Cinnamon</b>	<b>Braised Short Rib</b> 29 <b>Hot Dog</b> <b>Garlic Mashed Potatoes</b> <b>Asparagus</b> <b>Baked Beans</b> <b>3 Layer Chocolate Cake</b> <b>Pineapple Rings</b>	<b>Stuffed Shells</b> 30 <b>Breaded Chicken Filet</b> <b>Tossed Salad w/ Dressing</b> <b>Broccoli</b> <b>Garlic Bread</b> <b>Lemon Square</b> <b>Diet Lemon Pudding</b>	<b>Roasted Chicken</b> 31 <b>BBQ Pork Ribs</b> <b>Baked Potato</b> <b>Cranberry Sauce</b> <b>Green Beans</b> <b>Butternut Squash</b> <b>Chocolate Ice Cream</b>	<h1>MARCH 2021</h1> <h2>LUNCH MENU</h2>		